

Sewing: Dressmaking Thursday 1 RICA

Sewing Dressmaking 1 Rochester Institute of Creative Arts (RICA)

This creative provision is being marketed as RICA (Rochester Institute of Creative Arts).

RICA is the name of the new creative offer from Medway Adult Education. This taught sewing dressmaking course is designed for learners who have completed a Level 2C course in sewing: dressmaking and wish to further develop their skills, confidence, and personal style whilst still learning within a structured art environment. While it builds on prior Level 2C study, new learners are welcome to join at their own discretion.

This sewing dressmaking class is taught by a professional tutor; the course provides tuition and guidance alongside opportunities for creative exploration and project-based learning in a supportive environment. Your tutor will discuss personal goals and project ideas with you in your first session so that you have a personalised approach to group learning.

Please note that this is not a drop-in course or an informal club; regular attendance and commitment to the course are expected to support progression. Please do not buy any resources until you know your course will run.

Start Date:	17 September 2026
Start Time:	09:30
Lessons:	10
Weeks:	10
Hours:	30.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

WHAT WILL I LEARN ON THIS COURSE?

By the end of the course, learners will:

1. Follow safe and collaborative H&S studio practice - Learners will demonstrate awareness of ground rules and health and safety requirements by working responsibly in the creative environment and supporting a respectful, inclusive learning space.
2. Engage in feedback and collaborative learning - Learners will participate in group discussions and peer feedback, responding constructively to others' work and using feedback to improve their own creative outcomes.
3. Develop and apply subject specific skills in sewing & dressmaking - Learners will actively engage with tutor demonstrations and formative feedback to develop and apply skills in at least two sewing and dressmaking areas, showing progression in their creative skills.

IS THIS COURSE SUITABLE FOR ME?

While it builds on prior Level 2C study, new learners who feel ready to work at this level are welcome to join at their own discretion.

WILL THERE BE ADDITIONAL COSTS?

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and for the first session:

- A Basic Sewing kit – with threads suitable for the sewing machines
- Fabric and paper Scissors
- Pen, pencil and notebook

Your tutor will contact you prior to the course starting to speak to you regarding your pattern and fabric choices

- You will need to bring your own materials (after discussion with the tutor)
- Some items (like dot and cross paper, machine bobbins) may be available to buy at the centre at a lower cost
- There is no storage available for learners, kit will need to be taken home each week.

WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related courses available.

WHAT IS THE ATTENDANCE POLICY

Multiple sessions-

To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that sewing involves use of tools, materials and equipment and carries some risk.

You agree that:

- Sewing activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.